



Lighthouse

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Bi-monthly publication of CSS Group



**EMIRATES AWARD
FOR CSS**

**AUTO LOGISTICS
AT CSS**



PROJECTS OIL & ENERGY



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CHAIRMAN'S MESSAGE

It is in challenging times that the true merit of a company comes shining through. Whilst there has been a general sluggish trend in our industry, the past few months have proved to be really encouraging for CSS Group because we have been successfully creating a road map for areas of development. This has not happened by accident but by sticking to demonstrably ethical principles and a belief in our management and staff.

In this context the current buzz phrase is 'customised development of talent'. This is something we have been doing, within CSS, for years. Its present-day title only recently came into prominence but, ensuring that the right people are in the right roles and have the right capabilities; has always been part of our ethos. By keeping open continuous dialogue between management and staff, so that everyone feels engaged and recognises that their role is appreciated, raises mutual benefits for all of us. By encouraging opportunities to promote, from within our company, also significantly increases the likelihood of achieving ones goals.

A recent study revealed that many companies, who proved to be

initially successful, degenerated over the years either because of bad management, poor managerial practices or a combination of both. Within CSS, over the past twenty years, by applying the principles of customised development of talent we have successfully created a team of leaders. Our staff efficiency and trust worthiness is well known throughout the industry. This is why our identification of growth opportunities deserves acclaim.

We have made significant progress in the UAE. Furthermore as part of expanding our wings; CSS will soon have an operational presence in both Muscat and Qatar. I am confident that we can keep this pace going forward. Undoubtedly an ability to engage all staff equally and responsibly, an aspect that is ingrained in our philosophy, will spur us onwards towards new horizons.

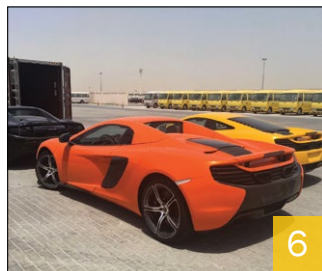


T S Kaladharan

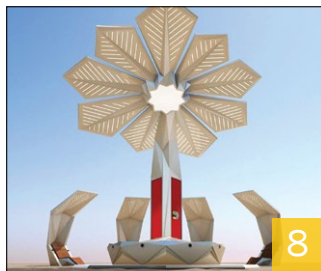
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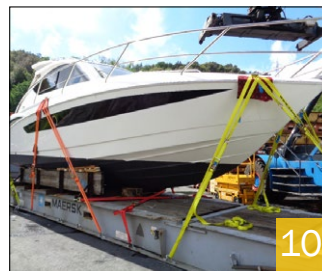
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Ajay Krishnan and TS Kaladharan with the award from Emirates SkyCargo

ACHIEVEMENT AWARD FROM SKYCARGO

CSS RECEIVES AWARD FROM EMIRATES SKYCARGO

Emirates SkyCargo presented its top agents with special achievement awards at a dedicated event held on 26th March 2016 at the Hyatt Regency Dubai Creek Heights, Dubai. These awards recognise the important role of cargo agents and forwarders in contributing to the airline's success during the year 2015.

In congratulating the top performing forwarders from across the country, Emirates SkyCargo presented Consolidated Shipping Services L.L.C. an award in recognition to their continued support, a testament to the commitment of CSS in offering a quality product using a premium service. T S Kaladharan, Chairman and Ajay Krishnan, Vice President Freight forwarding represented the group company at this auspicious event.

Accepting this honour T S Kaladharan commented, "We are extremely proud to be honored by Emirates SkyCargo in recognition to our continued support

towards the growing Air Cargo industry. The constant efforts and long term business relationship is a true testament to our partnership towards success".

The awards were presented by Duncan Watson, Vice President Middle East and Americas and Badoor Al Maazmi, Manager Cargo UAE representing Emirates SkyCargo. The annual agent awards are an important part of the Emirates SkyCargo award calendar and an opportunity to recognize all cargo agents for their tremendous contributions in supporting the ongoing success of the award-winning carrier.

"Winning is a habit, as clichéd as it may sound – it is true at CSS, Even more now as we push our way to becoming a regional powerhouse. We thank Emirates Airline for the support extended to us, and we are looking forward to growing an already significant relationship that we share with Emirates Airlines," Commented Ajay Krishnan.

About Emirates SkyCargo:

Since services commenced in 1985, Emirates SkyCargo has built a reputation for leading the industry in innovation, flexibility and service. It has received numerous international awards, including 'Cargo Airline of the Year 2013' (Air Cargo Week), 'Cargo Airline of the Year 2013', 'Best Middle East Cargo Airline' (both Air Cargo News), 'Best Air Cargo Carrier Middle East' (AFSCA), 'Cargo Operator of the Year' (SCATA) and 'Air Cargo Excellence Award' (Air Cargo World). With many more awards from prestigious organizations.

Emirates' 250-strong fleet is one of the youngest in the skies, now serving 155 destinations in 81 countries on six continents. In September 2015, Emirates SkyCargo took delivery of its thirteenth Boeing 777F, bringing its fleet to 15 freighters (two Boeing 747-400ERF and thirteen 777Fs). Scheduled freighter services now operate to 53 destinations in 39 countries.

BREAKBULK EUROPE 2016

CSS TEAM INTERACTS WITH KEY PLAYERS AT ANTWERP



Narayan, Raj George and Siby Kurian

Breakbulk Europe is the largest exhibition & educational forum in the world addressing the needs of traditional Breakbulk and project cargo logistics professionals. Breakbulk also serves as an excellent networking platform for shipping and logistics professionals and has also played host to the formation of agreements and identification of new agents for participating companies.

At Antwerp, CSS Participated as trade visitors this time and held important meetings

and discussions with key Breakbulk players. The exhibition was held from 23rd to 26th May this year. CSS Group was represented by Raj George Sr. Vice President Projects, Oil & Energy, Siby C Kurian Vice President Sales & Marketing and Narayan R T General Manager CSS Bahrain.

“Breakbulk Europe is certainly an important event for CSS and we never miss that, as it is the ideal venue for CSS to identify potential clients, gain a deeper understanding of

international market trends in specialized fields, and more importantly create avenues for new business opportunities within all our sectors,” said Raj George.

Since 2009, CSS Group has participated in numerous Breakbulk Exhibitions held around the globe including Singapore, China, North and South America and Europe. Participating in key exhibitions such as Breakbulk provides CSS Group the platform on which they can showcase the vast majority of the services they offer to potential customers and clients within this booming sector.

“This Breakbulk was an extremely interactive and an engaging exhibition, which is why it is rated as one the most vital exhibitions in the shipping and logistics list of events. We had excellent networking opportunities as well at Antwerp,” mentioned Siby Kurian.

As part of its contribution to the shipping and logistics industry, Breakbulk Europe also provides educational

seminars to its participants that cover key topics which are pertinent to the industry that has an ever changing business landscape due to regulatory rules, advances in technology etc. In the Breakbulk Europe 2016, participants had the chance to learn about the current business challenges & opportunities facing shippers within the traditional Breakbulk, heavy-lift and project cargo markets.

“Breakbulk exhibition and the entire event grow every year with the number of participants that it attracts. Also energy and enthusiasm was seen all around the European trade in Shipping and Logistics. We too can be confident and expect that an upward graph is not too far away,” commented Narayan R T.

This year was no different with excellent networking events, an increase in participation from last year. As per the official records more than 7200 participants attended the exhibition in the year 2015 and the number could be even more this year.



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- Customizable parameters

GROWING AUTO LOGISTICS AT CSS

CSS GROUP HAS RECENTLY MADE SOME COMMENDABLE PROGRESS IN THE AUTO LOGISTICS SEGMENT



A recent specialized vertical for the CSS Group, the auto logistics segment has been showing some remarkable progress during the recent months. From the “auto racks” which allow for effective and environmental friendly loading of vehicles in shipping containers to specialized handling of high end vehicles, door to door, the CSS Group is slowly becoming a trusted name in “auto logistics” in the region.

In an earlier edition CSS had showcased their product in association with a partner, using the auto-racking system for loading up to 4 vehicles in a container. The advantage of this process was a damage free transport of vehicles from origin to destination. CSS group has now gone ahead with value added services, which include vehicle wrapping and



specialized lashing for high end vehicles as well. They are currently engaged in a project of transporting 16 brand new McLaren Super cars, their growing expertise in handling this segment of the car industry was a prime reason for CSS to be awarded with the job.

The new infrastructure at CSS, the 10,000 Sq.mt open yard in Jebel Ali – is geared to handle receipt, storage and operations for auto logistics. This facility combined with their new warehousing facility at JAFZA, which will be operational soon, gives an



unparalleled infrastructure to cater to this segment of the business in the region. CSS facilities at Sharjah, including a covered area suited for storage of vehicles and the open yard are already popular with customers looking for safe and secure handling of vehicles.

“This has been a relatively large vertical in our industry here in the region, while we have taken our time to enter this market we intend to offer our customers a quality product. We have the necessary infrastructure in place to allow this, and I do



believe we can create a niche for ourselves in this vast segment. There is definitely more to come from us - Drive Safe”, commented Ajay Krishnan Vice President Freight forwarding CSS Group, while talking to Lighthouse regarding auto logistics at CSS.

CSS GROUP AT GPLN

13TH GPLN ANNUAL GENERAL MEETING



GPLN Group Members

GPLN concluded successfully their 13th Annual General Meeting at the Marriott Hotel Grand Place in the heart of Brussels where a multitude of GPLN members, sponsors and media representatives from around the world had plenty of networking opportunities during intense meetings and social events to maintain existing and established new contacts that will benefit greatly their business. The attendance of 170 GPLN delegates

speaks itself for the quality of the network and their highly skilled project forwarders.

The event started on May 21 with a day trip to Ghent, before a cocktail reception took place in the evening to welcome all attending delegates. The following morning the delegates heard presentations from Rickmers-Linie, Wallenius Wilhelmsen Logistics (WWL), Ruslan International, Maersk Lines and TII Group, who gave a brief overview of the benefits of using self-propelled modular transporters (SPMT) to move heavy and oversize cargoes around the world by road. After an afternoon of one-on-one meetings, delegates were treated to a gala dinner at the restaurant “La Manufacture” in Brussels. The event concluded on May 23 with a second day of one-on-one meetings.

The photo contest of the annual cap competition was won by GPLN member Dako Worldwide Transport from Germany, showing the transportation of a 185 ton cement mill to Russia which had a length of 18.5m, a diameter of 5.7m, and a total height of almost 6m.

GPLN also conducted a Heavy Lift Maritime and Transport Seminar on May 24 at the Marriott Hotel Grand Place.

GPLN brings together project cargo experts and independent project logistics specialist companies from around the world, all of whom have an expert focus on project logistics. This general meeting allows the participant the face-to-face contact with your GPLN partners where you are able to efficiently build professional relationships in the most lasting and cost effective manner.

Raj George, Senior Vice President, Projects, Oil & Energy, CSS Group, Narayan RT, General Manager CSS Bahrain and Renjith Pillai, Branch Manager, CSS Abu Dhabi represented CSS Group during the three day GPLN Annual Global Meeting.

“GPLN is always a wonderful platform that provides great opportunities to discuss and formulize new ideas related to projects forwarding. We have pleasure in being a part of this network and gain a lot of mileage from attending the annual meet regularly,” Raj George mentioned.



Ranjith Pillai, Narayan and Raj George

SMART PALM AND CSS

CSS PROVIDES LOGISTICS SUPPORT TO SMART PALM PROJECT

CSS Group takes pride in associating with the logistics service support to the most awaited Smart Palm project in Dubai. CSS role was to coordinate the packing and Transportation from the factory in Suzhou, China directly to the prep yard in Umm Suqeim. This was done in a timely and efficient manner with a challenging program to be met.

In the old days, we used to hear that a tree provided you shade from the sun and a fresh breath of air, rejuvenating your senses. However, in our ever evolving modern times, a tree is destined to provide you with much more than you bargained for. An artificial palm tree structure dubbed, "The Smart Palm" has been launched by the Dubai Municipality with Dubai based D-Idea. These Smart Palms are part of Dubai's broader vision of being the world's first with innovative, sustainable ideas, which transform Dubai into the world's foremost "Smart City."

The Smart Palm unit stands at an impressive six meters in height which also house an array of street furniture, free-wifi, cell phone charging and an area for public service announcements. Additional personalized information such as weather, local attractions and services within the areas are also available.

Dubai Municipality recently installed them in Jumeriah, Umm Suqeim and has further plans to roll them out across the Emirate. The Smart Palm is the result of a partnership between Dubai Municipality and D-Idea. Winsun Global is the supplier for D-Idea and has utilized the CSS Group as the sole logistics provider to facilitate door to door movement of the smart palms.

CSS role was to coordinate the packing and Transportation from the factory in Suzhou, China directly to the prep yard in Umm Suqeim. This was done in a timely and efficient manner with a challenging program to be met. "Being



associated with such innovative ventures is really a matter of pride for us at CSS. This is yet another project to prove that CSS is the best service provider when it comes professional movement of cargo" mentioned Tasleem Patka, Business Development Manager, CSS Dubai

According to Director-General of the Dubai Municipality Hussain Nasser Lootah, 52 more Solar Palms will be installed at various public locations like beaches and parks in the coming months. The Smart Palm has mono-crystal solar panels on top of the "fronds" which get charged in the day

light hours providing a sustainable environmentally friendly solution. There are eight charging points in this hub and it can charge gadgets two and a half times faster than ordinary plugs. The Smart Palm is a tribute to the innovative spirit of Dubai and is just the latest urban invention that our growing city has to offer.

The free WiFi network connectivity of Smart Palm has a range of 53 meters with capability of connecting 50 users simultaneously, and is provided by telecom company Du.

3D PRINTED OFFICE BUILDING

THE WORLD'S FIRST 3D-PRINTED OFFICE BUILDING WAS INAUGURATED IN DUBAI.

His Highness Sheikh Mohammed bin Rashid Al Maktoum, Vice-President and Prime Minister of the UAE and Ruler of Dubai, stated that the UAE has emerged as one of the major incubators of innovation and future technology in the world today, and its focused initiatives to shape the future have become global models that can be emulated in all sectors.

"We implement what we plan, and we pursue actions not theories. The rapidly changing world requires us to accelerate our pace of development, for history does not recognize our plans but our achievements," His Highness Sheikh Mohammed said while the opening of the 'Office of the Future', the first 3D-printed office in the world.

Consolidated Shipping Services Group got the opportunity to be a part of this novel venture. Being the only selected logistics partner, CSS was able to be associated with this landmark achievement initiated by the visionary leadership of Dubai. CSS



moved the 3D walls on Open top containers from its origin in China to the destination in Dubai. Every moment of this movement was meticulously planned and executed by the professional team at CSS.

The 2,700-square-foot, single-story building was built in just 17 days using a gigantic, 20-foot tall 3D printer and a special mix of concrete, fiber reinforced plastic and glass fiber reinforced gypsum.

Although the "printer" was massive at about two stories

tall, 120 feet long and 40 feet wide, it only needed one staffer to make sure it was functioning properly. The rest of the 18-person construction crew consisted of installers, electricians and mechanical engineers who completed the job for a mere \$140,000 in construction and labor costs — or about half the price of a comparable structure built with conventional methods. Of course, the building is more than just another gold star in the UAE's ultramodern play land — it will also serve, appropriately enough, as the

temporary headquarters for the Dubai Future Foundation. Next year, the structure is scheduled to become the home of Dubai's Museum of the Future.

"This is the first 3D-printed building in the world, and it's not just a building, it has fully functional offices and staff," the UAE Minister of Cabinet Affairs, Mohamed Al Gergawi said. According to Gergawi, Dubai plans to have 25 percent of the buildings in the emirate built via 3D printing by the year 2030.

CSS GROUP EMPLOYEE OF THE MONTH

APRIL 2016



Anil Kumar Raju-CFS
given by
Chandrakala (CK)
Manager
Operations,
Ocean Freight.

YACHT AND MARINE LOGISTICS AT CSS

A SPECIALISED VERTICAL WHICH DEMANDS PROFESSIONALISM

CSS Group's professionalism comes in demand when a specialised vertical where thorough expertise is indispensable, and that is none other than Yacht and Marine Logistics. A decade long hands on experience has made CSS one of the most preferred name when it comes to movement of expensive and luxurious yachts across the globe.

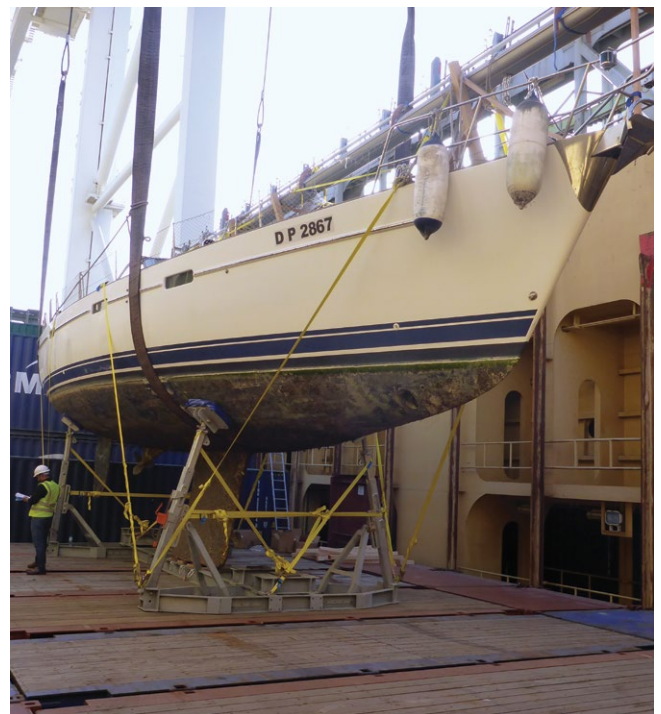
The team engaged with yacht movement not only takes the survey and submit the quotation, but demonstrate how the movement will be carried out. They also explain about the equipment to be used while the process takes place. The attention to detail makes CSS Yacht & Marine logistics team the most trusted partner around the world.

CSS Group has successfully moved yachts that belong to celebrities and the royal family members. The company is a preferred shipper for many of the world's leading boat builders, including Correct Craft Inc., Gulf Craft, Princess Yachts, Sunseeker and Viking, along



with Government officials and celebrities.

The yacht and Marine team has recently handled two yachts for Sevenstar Yacht Transport Agency UK, one from Jebel Ali to Hamburg (BENETEAU GTE57) and the other which came down to Jebel Ali from Las Spezia (Galeon 325HT) which



was later on cleared and delivered to the client. CSS ensures that their people are specially trained to oversee every part of the shipping process, right from documentation till delivery.

For a client, hassle free movement is the highest pricing factor when it comes to expensive loads like yachts, and CSS ensures maximum client satisfaction.

ZERO IS THE SUPERHERO

Have you ever wondered: People are so busy giving the Right answer forgetting that the question itself may be wrong?

Well, the conditioning that our environment does to us is such that we start playing to the rhetoric without actually thinking why?

So examples are:

We may call FPS as FPS Shipping and CSS as CSS Shipping, in spite of the S already taking care of the word shipping.

Or

We may all ensure that we have medical insurance but never ensure that we have a healthy life by eating and living well

Or

We may constantly be seeing our emails or phones or Whatsapp without actually any urgency on anything

Or

We all want to become market leaders or come 1st in whatever we do.

Ahh, the last example is interesting. Coming 1st or the obsession with the 1st position or being on top at number 1.

Isn't that what we all are trying to do sub consciously and isn't that why we have most of the stress and emotional problems in life. The society is sub consciously celebrating anything and anybody who is at number 1 and therefore we all think by pursuing the number 1 position, we will get the self-esteem and self-worth we all are looking for.

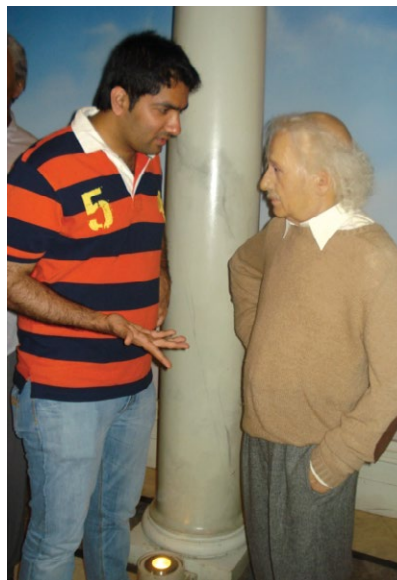
But today we will sit back and check if the effort is worth the pain.

The quest to get to the top or number 1 brings out several poisons and i can enumerate as follows:

a) It gives birth to "Competition" - when you want to run a race, since positions are all relative numbers and nothing in absolute terms, you have to become competitive. What this does to you is it makes you a person who becomes relative to his environment and not in harmony with it. So with each other thing or person, you will try to find your relative standing and stop seeking to know how you stand in harmony with it.

b) Next poison that comes out is "Insecurity" - when you start viewing everything in relative terms, you will get insecure about yourself. In absolute terms you are secure because nature has given you a harmonious position and not a relative position. But your eyes with which you view have become relative so you think you are insecure even though you are secure. Got it?

c) Now armed with high "competitiveness" and "insecurity"



and a vision "to be 1st", you are totally out of context with the ways of existence and have created a parallel world in your mind. And now, whatever, whoever and whatsoever comes in the way of you gaining your relative position in the world, you view it as "enemy", "obstacle" or "challenge."

d) Then come some so called leaders (who are nothing but victims of the same thought process and have accumulated some wealth or what they think is "intelligence" but lack basic premise clarity) and they tell the young: overcome all competition, obstacles and challenges in LIFE.

By the way, keeping money small in life is a part of thinking big. And here you have some profiteers giving lessons on LIFE. Laughable isn't it?

e) Then the pursuit starts and it never ends, till you end or die or give up.

Because it is a race no one wins. At every pedestal, you realise, i am so tired and yet there is so much to go. Because the flaw is the way you view things and not how things really are.

Ok, let's say, a lucky few reach the TOP, at number 1 Or 1st position. Now what? Now, as all movies, enters the real villain. And that is the number Zero.

You have never thought about it but read now:

- Even if you come 1st, you are still behind Zero.
- Zero is so humble that it is never visible to any.
- Zero is so powerful, that if it stands behind anyone, it can add tremendous multiples of value to it.
- Zero in itself is free of all the poisons mentioned like competition, insecurity etc. I mean how much incrementally insecure can one get when one is already a Zero.

Now look and compare the person who has after all the effort come 1st. He is still behind Zero. He is only 1st and has nowhere to go now. He needs to preserve his 1st position all his life now and live in high insecurity. Not Zero. 1st position is actually a jail. From where you just can't fail. But Zero is free, independent and can stand where it wants to. It stands before you and stands after you. You are actually nothing. It is Zero who decides what you are.

So my dear friends, next time you "PRAY" and ask god for something, pray that he makes you a Zero. Because as you have rightly realised by now, Zero is the ultimate superhero!

Practical tip: As easy as it sounds, it is most difficult to become a Zero. So my suggestion is for now, you aim for number 3 or beyond. Because number 2 is always HURT that he lost to number 1 by a fraction. And number 1, all of you know, is in a jail, insecure and highly protective of his relative position. Number 3 or 4 are relatively more comfortable. Relaxed, Living, Breathing.

Breathe. Hope you are?

Rahat Talreja
Vice President - CSS India
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EXPO 2020 DUBAI AND DP WORLD PARTNER TO POSITION THE UAE AT THE HEART OF FUTURE GLOBAL TRADE

Expo 2020 Dubai today announced DP World as its Premier Global Trade Partner.

The company, which is a leading enabler of global marine and inland trade, owns and operates 77 terminals globally including the Port of Jebel Ali, less than 10 km from the Expo site, and will play a vital role in the supply chain for the Expo, which will bring together over 180 nations and 25 million visitors for what will be the world's largest event in 2020.

DP World is the third Premier Partner to be announced to date. The signing ceremony was attended by His Highness Sheikh Ahmed Bin Saeed Al Maktoum, His Highness Sheikh Ahmed Bin Saeed

Al Maktoum, Chairman of the Expo 2020 Dubai Higher Committee and Chairman of Dubai Airports and Emirates Airline, and His Excellency Mohammed Al Shaibani, Vice Chairman of the Expo 2020 Dubai Higher Committee, Director General of His Highness The Ruler's Court of Dubai, and CEO and Executive Director of the Investment Corporation of Dubai.

Her Excellency Reem Al Hashimy, UAE Minister of State for International Cooperation and Director General Bureau Expo Dubai 2020, said, "Expo 2020 Dubai will be the first World Expo to take place in the Middle East, Africa or South Asia. Serving an area with a collective population of nearly 3.2

billion people and a GDP of more than US \$ 6.5 trillion, Expo 2020 will act as a gateway to one of the most important geo-economic trends shaping our world: the rise of emerging markets, developing countries and South-South trade. The partnership with DP World will play a central role in cementing the UAE's position at the heart of future global trade."

HE Al Hashimy added: "Trade and economic diversification are vital to the UAE's future. Through this agreement with DP World and our other partners, Expo 2020 Dubai will leave an economic legacy in the form of new business generation, GDP growth and job creation across the region."

IRAQ TO INVITE FOREIGN INVESTORS TO FUND MAJOR NEW PORT

Iraq will invite foreign companies to invest in the construction of the Grant Faw Port in the coming days, to offset the Arab country's funding shortage, an Iraqi newspaper has reported.

Almada Arabic language daily said Iraq's transport minister Abdul Hussein Abtan announced the plan during a visit to the Southern Umm Qasr port this week. Abtan said the new investment opportunities would be announced during a conference at Baghdad Airport within the next few days.

The Iraqi government plans for the new port to be fully commissioned within the next

two years and contractors will be invited to carry out projects on a post-payment basis or joint operation. The Southern Faw Port will be one of the world's largest container terminals according to design plans and will eventually have a capacity to handle 99 million tonnes of cargo annually. The port will include a 39km container quay and two km of berths along with a container warehouse and hinterland covering more than one million square metres.

The port is intended to cut sea freight journey times between Asia and Europe, using overland connections through Iraq and Turkey, bypassing the Suez Canal.

EVERGREEN MARINE GETS 20-YEAR EXTENDED LEASE OF PANAMA'S COLON TERMINAL

Taiwan's Evergreen Marine Corp announced it has won an approval to extend its lease of the Colon Container Terminal (CCT) in Panama for another 20 years.

The extended 20-year lease was approved on Wednesday by the government of Panama, ahead of the inauguration of the expanded Panama Canal on 26 June. Evergreen Marine stated in a news release that the extended lease of the container terminal will help improve its service and efficiency and consolidate Panama's status as a transshipment

hub in the Americas.

CCT can accommodate large containerships and it has three wharfs for small to medium sized boxships. With number 4 wharf being expanded to link to number 3 wharf, the entire docking length will be 780 metres, long enough to cater to two large ships of 12,000-14,000 teu. Two other wharves can accommodate ships of up to 5,000 teu.

Evergreen highlighted that with the joining of wharves 3 and 4, the total annual capacity at Colon port will increase to 2.4m teu from 1.5m teu.

NEW POLICY FOR DRY BULK CARGO FOR MAJOR PORTS IN INDIA

To increase efficiency of major ports, a new berthing policy for dry bulk cargo will be in place from August 20, the government said today.

“Ministry of Shipping has formulated a new Berthing Policy for Dry Bulk Cargo for all major ports which will come into effect from August 20, 2016,” Ministry of Shipping said in a statement.

The objective of the new policy is to provide a standardised framework for calculation of norms, specific to the commodity handled and the infrastructure available on the berth besides driving higher productivity and achieving near-design capacity of the available equipment/infrastructure, it said.

It will reduce berthing time and overall turn-around time of ships, drive higher cargo throughput using the available infrastructure in major ports, the statement, said adding it will

improve utilisation of port assets and create additional capacity without any significant capital investment.

Further, the policy aims at increasing competitiveness of major ports by creating value for the trade through reduced logistics cost and at reassessing the capacity of the berths based on the expected performance of the berth equipments and vessels derived from performance norms.

“All the major ports will be holding trade meetings between July 1 to July 18, 2016 to sensitise the norms, incentives, penalties and charges to be implemented,” it said.

Dry bulk cargo currently makes up over 26 per cent of the cargo handled at the 12 major ports while growth in coastal shipping is expected to add about 100-150 million tonne per annum (MTPA) of additional dry bulk cargo at ports by 2020-25.

JET AIRWAYS SET TO ADD MORE FLIGHTS TO GULF

Jet Airways has announced its move to operate new daily services from Hyderabad to Dammam and from Mangaluru to Sharjah from August 7.

A press release said that the addition of these services will bolster Jet Airways’ offering to the Gulf, strengthening the network and enhancing connectivity for passengers. Dammam will be the second city in the Gulf region to be connected with Hyderabad by Jet Airways after Abu Dhabi. With the addition of Sharjah, Jet Airways will operate to three cities in the Gulf region from Mangaluru.

The airline currently operates daily

flights to Abu Dhabi and Dubai from Mangaluru.

Gaurang Shetty, Wholetime Director of Jet Airways, said in a statement: “With economic ties between India and the Gulf region flourishing, Jet Airways recognises the need to provide more flight options to its passengers.”

Travel between India and the Gulf is witnessing rapid growth with over 32 lakh flyers travelling to the Gulf countries from India between January to March 2016 and a similar number returning to India during the same period.

QATAR AIRWAYS CARGO ANNOUNCES MAJOR EXPANSION

Qatar Airways Cargo plans to expand into three key new markets and is launching a new portfolio of air freight solutions, the first of which will be QR Live, for the transportation of animals.

The announcement was made by Qatar Airways chief officer cargo, Ulrich Ogiermann at a press conference on the opening day of Air Cargo China 2016 in Shanghai.

Ogiermann said the world’s third largest cargo carrier by international flights will enter the Transpacific, Australian and South American air freight markets in the next nine months.

This major enhancement of the carrier’s network is made possible by the constant growth of its fleet, which now includes nine Boeing 777F, eight Airbus 3330F and two Boeing 747F aircraft, as well as the opening of its new European hub in Luxembourg.

The cargo carrier projects that its pure cargo fleet will grow to 22 aircraft by 2017 and from 1 July, the carrier will double its flights into and out of Luxembourg providing better connectivity for its customers.

Ogiermann also announced that Qatar Airways Cargo will add Halifax (Canada) and New York (JFK) to its freighter network in July 2016.

SAFMARINE AT 70

CSS PARTICIPATES AT THE ANNIVERSARY CELEBRATIONS

CSS Group participated at the 70th anniversary celebrations of Safmarine recently held in Dubai. The milestone achievement was celebrated by Safmarine, inviting their industry partners and well-wishers for a cocktail dinner and entertainment evening on the 01st June, at the Al Wasl ball room of Dusit Thani in Dubai. CSS Group was represented by **Seshan Janik, Vice President NVOCC and Angeli Sudheer,**



Manager Pricing and Customer service.

Safmarine is an international shipping company offering container and break-bulk shipping services worldwide. Formed in 1946 by South African industrialists and American ship owners, Safmarine is now widely known as a north/south trade and African specialist. The line is represented in more than 130 countries throughout the world, with more than 1200 sailors selling their services.

“CSS enjoy a warm and cordial business relationship with Safmarine which was established more than 5 years ago. It has been a wonderful relationship and we have gone at great lengths to jointly develop business across global markets. We are extremely delighted to



be a part of this wonderful celebration”, mentioned Seshan Janik.

The celebrations witnessed some interesting games for which prizes were given to the winners. A short film depicting the history and growth of Safmarine was also shown at the occasion. CSS had a wonderful opportunity to network amongst the industry partners and share ideas during the function.

TWINKLE TWINKLE LITTLE STARS

CSR activities have always been an integral part of CSS for the last two decades of its service in the UAE and India. By participating in the charity initiatives of the UAE government CSS has always demonstrated its responsibility in giving back to the society.

Being a renowned philanthropist, T S Kaladharan, Chairman of CSS Group had initiated many an events in India as well which covered the educational and healthcare spectrum of his home state of Kerala. During the recent school reopening in the state, a novel venture was organized on behalf of CSS Group, contributed by Kaladharan, in his village of Thrikkunnappuzha. This year CSS donated One thousand school kits with bags, books, pencil boxes and pencils along with an umbrella with it, amongst the less fortunate government school students of the region.

This initiative went helping 5 schools in the village witnessing enthusiastic small faces cheerfully receiving the contribution. CSR initiatives of CSS

Group new bags and umbrellas were distributed amongst pre-primary and primary school children at Thrikkunnappuzha, Alleppey Dist. Kerala. Five schools which are running under the Government of Kerala aid were benefitted by this regular CSR programme of school aid distribution.

New bags and umbrellas brought beaming smiles on the little faces. The programme commenced with local authority members from the Panchayat wards welcoming the gathering. All the children, their parents and the school authorities were present for the occasion. Sumptuous feast in the traditional Kerala style was also



organised for the students, parents and the school staff on the first day of the academic year. G Unnikrishnan, Head of Marketing and Corporate communications, CSS Group and Hareendran, Manager, Devas Farm house represented CSS Group at the function.

Healthier Lifestyle - An Easier Way...

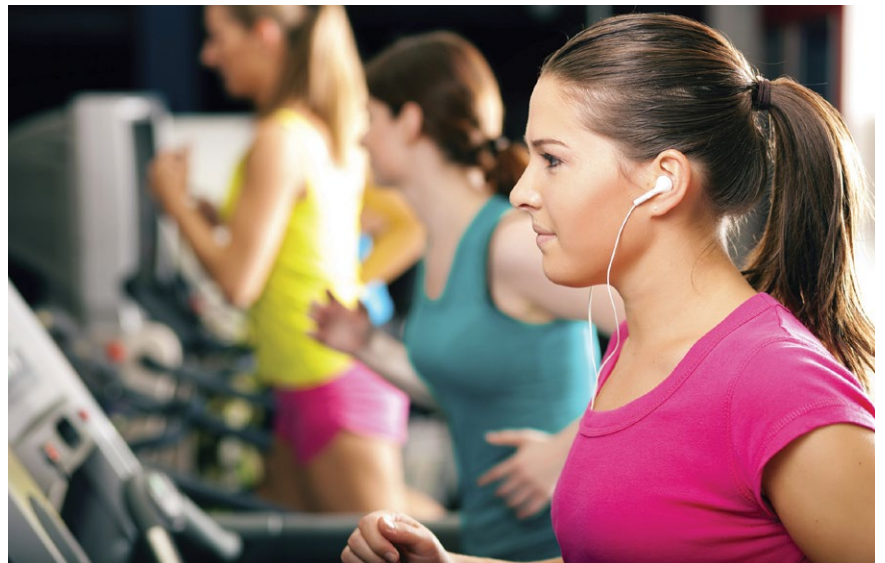
There are two occasions when magazine articles seem to focus on lifestyle. The beginning of a New Year is the obvious one, when we all are encouraged to make resolutions. The other time is now, as the mid-point of the year, draws near. At this juncture enough time has passed for us to be able to assess what any resolutions have achieved. Invariably we all think about lifestyle but other demands seem to distract us. Living healthily all seems so simple but it is never this easy. Some of us have more will power and greater motivation whilst others struggle. If you start with a negative mind-set you are doomed to failure. Hopefully this article will provide you with some tips to help you develop a technique which works.

It's not that long ago that eyebrows may have been raised if a middle-aged person joined a gym or kickboxing club, took-up Pilates or even started dance classes. Nowadays in many cultures, almost anything goes in the quest for a healthier lifestyle. What we need to ensure, in this pursuit, is that we enjoy it. If trying to be healthier brings us pleasure, both emotionally and physically, then we will carry on and achieve our goals.

The first step is to get a training buddy then set goals and find ways of making things fun. You have to have an objective and a real reason that will encourage you to take the first step. Having a training buddy, where you arrange to regularly meet someone, will provide encouragement and also means you will probably have a laugh egging each other on. Once this becomes part of your routine then you are on your way to success.

The second step is to remember to start with small steps. Booking a session with a trainer and finding yourself in roomfuls of strange machines and pounding bodies can be really scary. So start off gradually and don't be pushed into trying too hard. Once you know how to use the various types of equipment you

will begin to enjoy it. Being surrounded by others, enjoying exercising, spurs on motivation. Joining-in with various classes also provides welcome variation. Of course if gyms are not your thing then you'll just have to accept it and discover an alternative. Even simple things like taking breaks from sitting at the desk or doing press-ups and stretching whilst the TV adverts are showing all helps to break an unhealthy cycle of inactivity. Regularly playing sports, swimming, tennis and golf or even walking and gardening can all play their part as forms of exercise. Gyms are not the be all and end all.



The third step is the 5 minute rule. If you struggle to get into your exercise routine, after a tiring day at work, then give it 5 minutes. Often, in such situations, it's not a physical tiredness which is holding you back but the mental left-overs from the stresses and strains of work. Chilling for 5 minutes can make all the difference.

The fourth step for many is the real fun - adding 'the beat' to your exercise! Boosting up your pace with a lively beat in your headphones really does make all the difference.

The fifth step is all about variation. Variety really is the spice of life and by combining cardiovascular activity, at your

own level of fitness, with weight training will achieve the best results. The different routines will provide a more interesting programme of training that will also bring better health rewards. Hopefully your gym will have its own qualified trainer or coach, so seek their advice and guidance

Finally the sixth step is to realise that a healthy mind and a healthy body are intrinsically interdependent. Remember that training your mind, as much as your body, is of equal importance. After exercise, good sleep, sufficient recovery time and nourishing food are necessary

requirements. If you are ill or injured you must not try pushing yourself. Similarly when you 'on a downer' and lacking motivation having a good mental attitude and emotional skills will help get back on track.

This brings us back to the first step because, with the help of your training buddy, you'll be able to remind each other that where the mind goes the body follows. In the process you will both enjoy, reaping the benefits, encouraging each other to lead healthier lifestyles.

Have fun.....

Kaleidoscope desk

MARITIME ARBITRATION AS AN ALTERNATIVE RECOURSE

Arbitration is emerging as a viable and preferred recourse to dispute resolution even in maritime matters owing to the international and cross border nature of the subject matter. The traditional and usual methods of approaching national courts of the parties, independent of each other, choosing one of the courts of the parties or choosing a neutral national court or resorting to mediation or conciliation, so on and so forth, have their own setbacks. For instance, the National courts of independent parties



may be perceived to be partial, corrupt or incompetent by the other, while a neutral national court of a third country and its procedures, though assuring, might seem foreign and alien to both the parties. Mediation and conciliation on the other hand may have no final result as they are just forms of further agreement. In relation to all of the above, Arbitration tends to sort out the ambiguities and drawbacks of the conventional solutions pragmatically.



There are an array of advantages for the parties in using arbitration, such as, the ability of the parties to choose the identity of the arbitrator, or the mechanism of choosing the arbitrator, the place or venue of the arbitration, the procedure of the arbitration (including the degree of confidentiality involved), the law to govern the dispute, the law to govern the procedure of the arbitration and the court to supervise the



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arbitration are all important benefits which gives the parties greater degree of freedom and flexibility in resolving the dispute relating to them. It is also a way to escape the mundane and complex legal systems of ordinary jurisdictions, which international parties are forced to interact owing to commercial interest in maritime industry. Still further Conventions like United Nations Convention on the Recognition and Enforcement of Foreign Arbitral Awards 1958 (the New York Convention) and the UNCITRAL Model Law on International Commercial Arbitration 1985 (the Model Law) have cemented the recognition of international arbitrations globally; thereby making Arbitration awards conformably with these conventions far more widely enforceable than the judgments of national courts.

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QUOTABLE QUOTES

I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life as a champion.'

- **Muhammed Ali**

Never stop fighting until you arrive at your destined place - that is, the unique you. Have an aim in life, continuously acquire knowledge, work hard, and have perseverance to realise the great life.

- **A P J Abdul Kalam**

The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart.

- **Helen Keller**

inbound

VESSEL	VOY	BAHRAIN	BANGKOK	BARCELONA	BREMEN	BUSAN	COCHIN	HONGKONG	KARACHI	KEELUNG	KUWAIT	NHAVA SHEVA	NEW YORK	NINGBO	PORT KLANG	ROTTERDAM	SHANGHAI	SINGAPORE	SOUTHAMPTON	XINGANG	JEBEL ALI	
X-PRESS EUPHRATES	511S	29-Jun																				1-Jul
X-PRESS EUPHRATES	512S	6-Jul																				8-Jul
X-PRESS EUPHRATES	513S	13-Jul																				15-Jul
X-PRESS EUPHRATES	514S	20-Jul																				22-Jul
X-PRESS EUPHRATES	515S	27-Jul																				29-Jul
X-PRESS EUPHRATES	516S	3-Aug																				5-Aug
X-PRESS EUPHRATES	517S	10-Aug																				12-Aug
X-PRESS EUPHRATES	518S	17-Aug																				19-Aug
HYUNDAI HIGHNESS	545W		7-Jul																			21-Jul
HYUNDAI COLOMBO	078W		14-Jul																			28-Jul
HYUNDAI JAKARTA	067W		21-Jul																			4-Aug
HYUNDAI BRAVE	053W		28-Jul																			11-Aug
HYUNDAI CONFIDENCE	544W		4-Aug																			18-Aug
HYUNDAI FREEDOM	540W		11-Aug																			25-Aug
MSC RAPALLO	625E			5-Jul																		23-Jul
MSC MARGRIT	626E			12-Jul																		30-Jul
MSC EVA	627E			19-Jul																		6-Aug
MSC TERESA	628E			26-Jul																		13-Aug
MSC RENEE	629E			2-Aug																		20-Aug
MAERSK SARAT	1609				4-Jul																	30-Jul
DAU	1609				11-Jul																	6-Aug
MAERSK SALTORO	1609				18-Jul																	13-Aug
MAERSK STADELHORN	1609				25-Jul																	20-Aug
MAERSK GUAYAGUIL	1609				1-Aug																	27-Aug
MAERSK SIRAC	1611				8-Aug																	3-Sep
MAERSK SHAMS	1611				15-Aug																	10-Sep
CEZANNE	1611				22-Aug																	17-Sep
APL DETROIT	18					4-Jul																27-Jul
APL SANTIAGO	18					11-Jul																3-Aug
APL CHARLESTON	22					18-Jul																10-Aug
MOL COSMOS	50					25-Jul																17-Aug
APL MIAMI	19					1-Aug																24-Aug
APL VANCOUVER	26					8-Aug																31-Aug
APL COLUMBUS	20					15-Aug																7-Sep
APL DETROIT	19					22-Aug																14-Sep
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EVER LOYAL	017W								7-Jul													25-Jul
EVER LOGIC	020W								14-Jul													1-Aug
EVER LIBERAL	016W								28-Jul													15-Aug
EVER SAFETY	063W								4-Aug													22-Aug
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HYUNDAI BANGKOK	062W									15-Aug												2-Sep
HYUNDAI HIGHNESS	546W									29-Aug												16-Sep
BUXCONTACT	1649										3-Jul											4-Jul
BUXCONTACT	1651										10-Jul											11-Jul
BUXCONTACT	1653										17-Jul											18-Jul
BUXCONTACT	1655										24-Jul											25-Jul
BUXCONTACT	1657										31-Jul											1-Aug

ABOVE MENTIONED ARE TENTATIVE VESSELS AND ARE SUBJECT TO CHANGE.

VESSEL	VOY	BAHRAIN	BANGKOK	BARCELONA	BREMEN	BUSAN	COCHIN	HONGKONG	KARACHI	KEELUNG	KUWAIT	NHAVA SHEVA	NEW YORK	NINGBO	PORT KLANG	ROTTERDAM	SHANGHAI	SINGAPORE	SOUTHAMPTON	XINGANG	JEBELALI	
BUXCONTACT	1659										7-Aug											8-Aug
BUXCONTACT	1661										14-Aug											15-Aug
BUXCONTACT	1663										21-Aug											22-Aug
MAERSK STADELHORN	1608											4-Jul										13-Jul
MAERSK GUAYAQUIL	1608											11-Jul										20-Jul
MAERSK SIRAC	1610											18-Jul										27-Jul
MAERSK SHAMS	1610											25-Jul										3-Aug
CEZANNE	1610											1-Aug										10-Aug
MAERSK SARAT	1610											8-Aug										17-Aug
DALI	1610											15-Aug										24-Aug
MAERSK SALTORO	1610											22-Aug										31-Aug
MAERSK DETROIT	1607												2-Jul									30-Jul
MAERSK DENVER	1607												9-Jul									6-Aug
MAERSK MEMPHIS	1607												16-Jul									13-Aug
MAERSK COLUMBUS	1607												23-Jul									20-Aug
NOTHERN MAGNUM	1607												30-Jul									27-Aug
MAERSK KINLOSS	1607												6-Aug									3-Sep
MAERSK PITTSBURGH	1607												13-Aug									10-Sep
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CMA CGM KERGUELEN	101FLE																			12-Jul		7-Aug
CMA CGM ZHENG HE	103FLE																			19-Jul		14-Aug
CMA CGM MARCO POLO	105FLE																			26-Jul		21-Aug
CMA CGM MAGELLAN	107FLE																			2-Aug		28-Aug
CMA CGM ALEXANDER VON	109FLE																			9-Aug		4-Sep
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MAERSK GUAYAQUIL	1609																6-Aug					27-Aug
MAERSK SIRAC	1611																13-Aug					3-Sep

ABOVE MENTIONED ARE TENTATIVE VESSELS AND ARE SUBJECT TO CHANGE.

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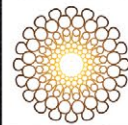
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